

## Some of the Reasons We Suffer

- **John 9:1-3**: So the works of God can be put on display
- **1 Peter 1:6-7**: So that God may receive praise
- **Romans 5:3-5**: So our character may be developed
- **2 Corinthians 1:4**: So we may draw closer to God, comfort others with the comfort we received (Luke 22:32)
- **2 Corinthians 1:9**: So won't rely on ourselves
- **2 Corinthians 12:7**: To keep our heads from getting too big
- **Hebrews 12:7-13**: God disciplines us that we may share in His holiness
- **Deuteronomy 9:4-5**: So that evil may be punished
- **Romans 8:20-21**: Futility is a gift that keeps us from destroying ourselves
- **2 Corinthians 4:16-17**: Achieving for us an eternal glory that far outweighs them all
- **Psalms 119:67,71,75**: To humble us and keep us from going astray

## Self Care

- **Philippians 3:10**: Embrace the fellowship of His sufferings
- **1 Peter 4:1-2**: Arm yourself with the attitude of Jesus
- **Philippians 1:29**: You are shown favor to not only believe, but suffer for His sake
- **1 Timothy 5:5**: Put your hope in God alone
- **2 Corinthians 12:7-10**: Know His grace is sufficient
- **1 Peter 4:19**: Commit to your faithful Creator & do good
- **1 Peter 4:12-13**: Don't be surprised by suffering
- **1 Peter 5:6-11**: After a little while, God will Himself restore you and make you strong, firm, and steadfast.