



## Series: *LAUNCH*

*Stories and Strategies to Build Your Family and Career*

### Session 6: Guarding Your Heart and Mind

#### Marcos Peres

*1 Thessalonians 4:3-8, Colossians 3:5, Hebrews 2:14-15, Romans 6:6-8, 1 Corinthians 6:18-20*

#### NOTES:

#### TABLE TALK:

1. What part of Marcos's story could you relate to the most?
2. What is a key lesson from the Scripture passages Marcos shared? (1 Thessalonians 4:3-8, Colossians 3:5, Hebrews 2:14-15, Romans 6:6-8, 1 Corinthians 6:18-20)
3. How can you apply that lesson to your own life?

*The Big Idea:* \_\_\_\_\_

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The Man in the Mirror Bible Study community is a movement of men passionate about growing and helping other men grow. We come from all walks of life. You're invited to become a member of this movement. Learn more at [mimbiblestudy.com](http://mimbiblestudy.com). We will always be stronger together. Email Pat at [patrickmorley@maninthemirror.org](mailto:patrickmorley@maninthemirror.org) or Brett at [baclammer@maninthemirror.org](mailto:baclammer@maninthemirror.org).