

I Want to Be a Rock Solid Man

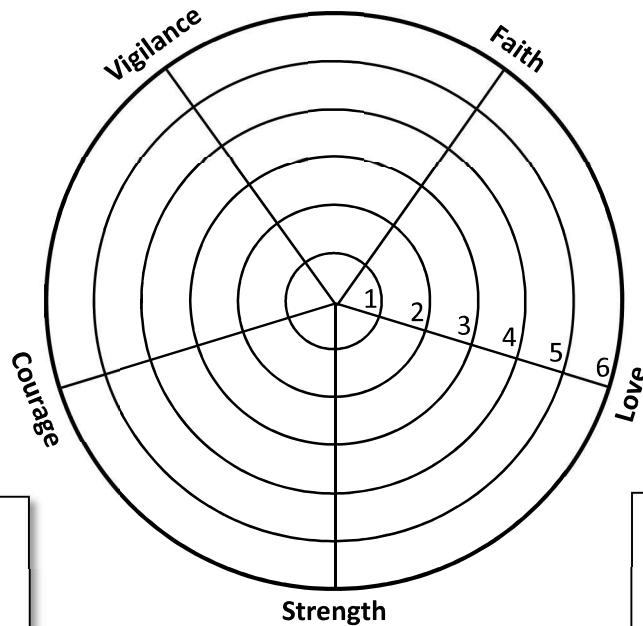
List an "Action Step" you will take in each of these areas of your life as a Rock Solid Man.
You may share and discuss these at your table towards the end of this event.

Vigilance

"prepared both for opportunities
and attacks"

Faith

"knowing both who you are
and what you believe"



Courage

"fulfilling God's call
in spite of fear"

Love

"being loved unconditionally in
order to love unconditionally"

Strength

"training for a purpose within a community"

Rock Solid Men 6-Week Assessment

Rate yourself on each statement using the following scale: 0 – Never/not at all. 1 – Sometimes/somewhat. 2 – Usually/definitely. Add up your scores in each area and plot your category score on the spokes of the wheel. Then draw a line between each point and shade it in to see how “rock solid” your life is. Compare it with your chart from when you started to see where God is working!

Vigilance

“prepared both for opportunities and attacks”

When I face temptations to sin, I look for a way to escape.

I am vigilant about attacks against my loved ones, trying to prevent and confront attacks on them.

I look for opportunities to speak truth, share God’s love and help others on behalf of Jesus.

Total Score:

Faith

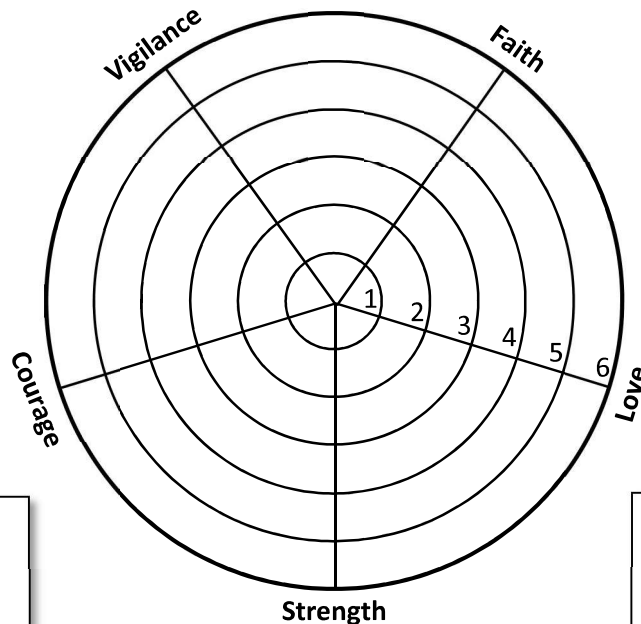
“knowing both who you are and what you believe”

I am equipped to stand firm against the ideas and forces of the world.

I base my attitudes and beliefs on the Bible, not the culture.

I am prepared to defend what I believe with gentleness and respect.

Total Score:



Courage

“fulfilling God’s call in spite of fear”

I avoid both cowardice and recklessness and act with courage in difficult situations.

I understand and live out that I can only have true courage as I daily rely on Christ to be my strength.

In the past month I have taken several steps of faith that required courage.

Total Score:

Strength

“training for a purpose within a community”

I consistently spend time with God in Bible study, prayer, and worship.

I have some close male friends that I connect with regularly and who help me grow in Christ.

I am fully involved in my church and participate in opportunities to serve, learn, and grow.

Total Score:

Love

“being loved unconditionally in order to love unconditionally”

I demonstrate love to those around me in stressful or difficult situations.

I am willing to sacrifice and consider others before myself.

I truly believe that Jesus really loves me just as I am and that I am fully accepted by God.

Total Score: