



## Series: *The Journey to Biblical Manhood*

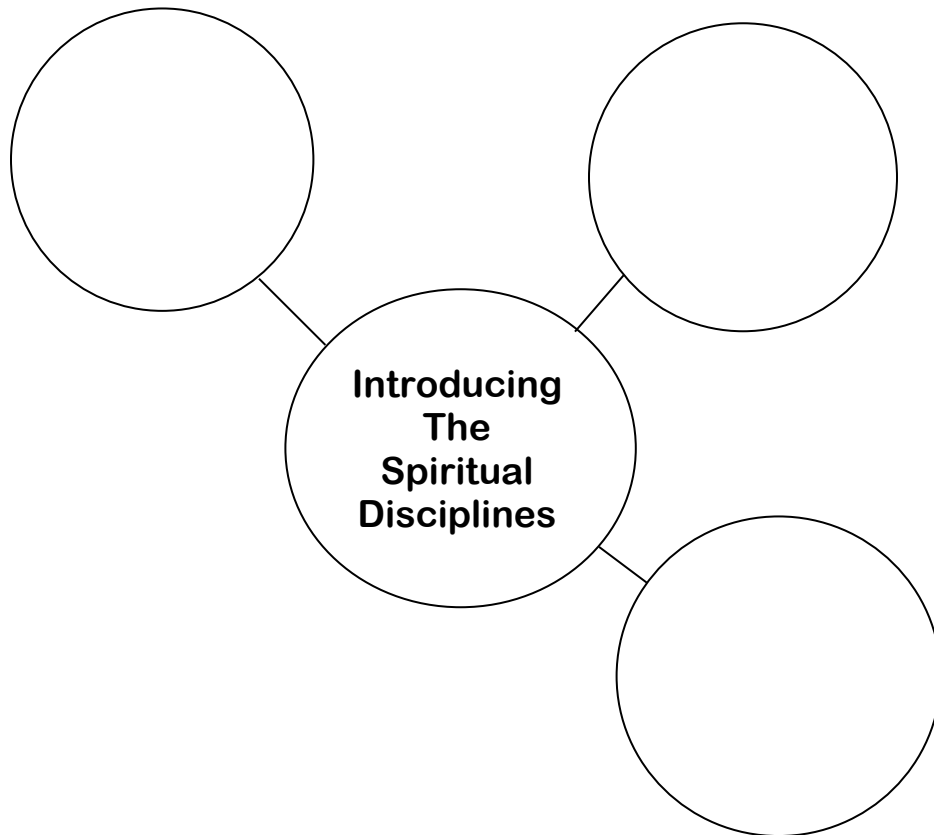
### Challenge 5:1 - Disciplines Introducing the Spiritual Disciplines

*James 4:8, Psalm 19, Romans 1:20, Psalm 8:3-4*

#### NOTES:

*The Big Idea:* \_\_\_\_\_

\_\_\_\_\_



#### TABLE TALK:

1. If applicable, which spiritual disciplines have helped you grow and mature in your relationship with Jesus?
2. Do spiritual disciplines make God love you more and make you more acceptable in His eyes? Explain your answer. Are you all in agreement about this?
3. Describe your last experience interacting with God's *works* in creation. How did that experience strengthen your relationship with Jesus? Is creation (nature, manmade, or people) a place where you can develop a spiritual discipline or habit and, if so, what might it be?

Our mission is to help you grow as a disciple and disciple-maker—starting at home. To make that as easy as possible we've put together a complete overview of our services and resources at [www.maninthemirror.org](http://www.maninthemirror.org) and learn 4 ways you can get more involved. We're always going to be stronger together. Email Pat at [patrickmorley@maninthemirror.org](mailto:patrickmorley@maninthemirror.org) or Brett at [baclemmer@maninthemirror.org](mailto:baclemmer@maninthemirror.org).