



Series: *The Man in the Mirror*

Leading a Secret Thought Life

*Romans 7:15-25, Mark 7:21-22, Jeremiah 23:24, Romans 8:5-6,
2 Corinthians 10:5, Psalm 139:23-24*

1. Most of us would be embarrassed if our families, friends, or colleagues knew what went on inside our heads. Here's the good news: You're not crazy. A secret thought life is normal. However, you can live this "invisible" life in a holy or profane way. How would you describe the "normal" or "usual" mode of your private thoughts?
2. According to Romans 7:14-25, our inner battle between good and evil desires is the normal Christian experience. AGREE/DISAGREE. Explain your answer, giving a personal example.
3. What is a secret area of your thought life with which you really struggle? It could be self-loathing, lust, fantasies, bitterness toward the "haves," or disappointment with the way your life is turning out. What's one idea you picked up today that can help you better sync your thoughts with God's thoughts?

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The Big Idea: _____

