

## Spiritual Disciplines for the Man in the Mirror

## A Man and The Bible

## John 20:30-31, Psalm 1:1-3

Questions June 28, 2002

- 1. What are spiritual disciplines and why are they important?
- 2. What do the following passages tell us about the Bible...
  - John 20:30-31
  - Roman 15:4
  - Psalm 1:1-3
  - Psalm 19:7-11 \_\_\_\_\_
  - Psalm 119:9-11 \_\_\_\_\_
- 3. Grade yourself as a disciple of Christ—A, B, C, D, or F. How have spiritual disciplines, or the lack of them, contributed to how you graded yourself?
- 4. Today it was stated that the Bible (special revelation) is the starting point for all spiritual disciplines, for all glorifying of God, for all communion with Christ, and for all growth in sanctification. Do you agree or not? Explain your answer.