



## Original Shame

*Genesis 2:25-3:12, 21*

Guest Speaker - Zach Van Dyke

1. Do you remember the first time feeling shame? How old were you? How did you respond?
2. When was the last time you talked about shame with someone? Why you do you think shame is so difficult to discuss?
3. Adam responded to shame by making a covering for himself, hiding from God, and blaming others and God. Which of these responses do you most identify with and why?
4. As men, what are some ways we can confront shame not only for ourselves but for our wives, children, co-workers, friends?

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