



## Series: MAN ALIVE

### The Raw, Restless Energy of Men

*Luke 8:4-15, Matthew 22:29*

1. “As men we have a raw, restless energy that’s different from women. It needs to be channeled, chiseled, transformed” Do you agree or disagree? Explain your answer.
2. In your experience, what do men who lead powerful, transformed lives do differently than men who are stuck in spiritual mediocrity?
3. The promise of this series is that you can lead a powerful life transformed by Christ. You don’t have to settle. Which of the following seven “symptoms” do you most identify with? What would you like to see change during this series and beyond?
  - ~ “I just feel like I am in this thing all alone.”
  - ~ “I don’t feel like God cares about me *personally*—not really.”
  - ~ “I don’t feel like my life has a purpose. It seems random.”
  - ~ “I have a lot of destructive behaviors that keep dragging me down.”
  - ~ “My soul feels dry.”
  - ~ “My most important relationships are not working.”
  - ~ “I don’t feel like I’m doing anything that will make a difference and leave the world a better place.”

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#### Note-Taking Outline

*The Big Idea:* \_\_\_\_\_

