



Series: *Fathering and the Man in the Mirror*

Getting to the Heart of Discipline

Hebrews 12:3-17; Proverbs 19:18; Colossians 3:21

NOTES:

The Big Idea: _____

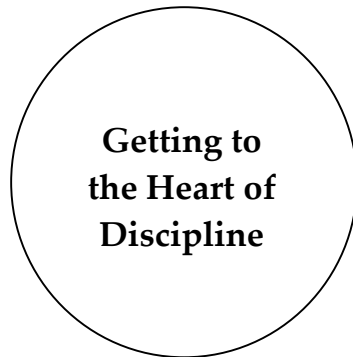


TABLE TALK:

1. Growing up, did you have a favorite grandparent or mentor? What made them so special?
2. What kind of discipline did your parents show you? Was it overly harsh or permissive?
3. Hebrews tells us that God disciplines us because He loves us. How have you seen this in your own life?
4. "Grace-based discipline brings healing to the heart." Does this make sense to you? How do you see this play out in your own family? With your friends? At work? Mentoring? Grandparenting?

Our mission is to help you grow as a disciple and disciple-maker. Find more information at www.maninthemirror.org. You can connect with Brett on Twitter (@brettisbald) or email him at brettclemmer@maninthemirror.org.

Hebrews 12 (ESV)

3 Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted. 4 In your struggle against sin you have not yet resisted to the point of shedding your blood. 5 And have you forgotten the exhortation that addresses you as sons? “My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him.

6 For the Lord disciplines the one he loves, and chastises every son whom he receives.”

7 It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline? 8 If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. 9 Besides this, we have had earthly fathers who disciplined us and we respected them. Shall we not much more be subject to the Father of spirits and live? 10 For they disciplined us for a short time as it seemed best to them, but he disciplines us for our good, that we may share his holiness. 11 For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

12 Therefore lift your drooping hands and strengthen your weak knees,¹³ and make straight paths for your feet, so that what is lame may not be put out of joint but rather be healed.

14 Strive for peace with everyone, and for the holiness without which no one will see the Lord.¹⁵ See to it that no one fails to obtain the grace of God; that no “root of bitterness” springs up and causes trouble, and by it many become defiled; ¹⁶ that no one is sexually immoral or unholy like Esau, who sold his birthright for a single meal. ¹⁷ For you know that afterward, when he desired to inherit the blessing, he was rejected, for he found no chance to repent, though he sought it with tears.

Proverbs 3:12 (ESV)

for the Lord reproves him whom he loves, as a father the son in whom he delights.

Proverbs 13:24 (ESV)

Whoever spares the rod hates his son, but he who loves him is diligent to discipline him.

Proverbs 19:18 (ESV)

Discipline your son, for there is hope; do not set your heart on putting him to death.

Proverbs 22:6 (ESV)

Train up a child in the way he should go; even when he is old he will not depart from it.

John 1:17 (ESV)

For the law was given through Moses; grace and truth came through Jesus Christ.

Ephesians 6:4 (ESV)

Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

Colossians 3:21 (ESV)

Fathers, do not provoke your children, lest they become discouraged.